

• good morning •
HEALTHY

Breakfast

Served Daily



You can't find a healthy breakfast at such a low cost anywhere else!

Monday

• Cinnamon Roll

OR

Benefit Bar with Applesauce

Tuesday

• Banana Bread

OR

Benefit Bar with Juice Choice

Wednesday

• Bagel with Cream Cheese

OR

Benefit Bar with Fruit Cup

Thursday

• Whole Grain Donut Holes

OR

Benefit Bar with Juice Choice

Friday

• Chocolate Muffin & Cheese Stick

OR

Benefit Bar with Apple Slices

SERVED DAILY

- Fresh fruit, fruit cup or 100% fruit juice
- Milk (1% flavored or unflavored milk)
- Variety of Cereal

